

EFFECTIVE PARENTING PRACTICES NAME _____

Complete each section with two other examples for each type of development.

PHYSICAL DEVELOPMENT

MILESTONE	EFFECTIVE PARENTING	INEFFECTIVE PARENTING
Gains control of eye movement	Provide colorful visual stimuli	Places baby in front of TV during all waking hours
Releases objects from hands	Play game and pick up objects	Scolds baby and removes objects that she dropped.

INTELLECTUAL DEVELOPMENT

MILESTONE	EFFECTIVE PARENTING	INEFFECTIVE PARENTING
Coos and vocalizes; babbles	Repeat sounds, talk and read to baby	Ignore baby's utterances
Learns through the senses	Provide safe items to chew taste	Scolds baby and removes anything baby puts in mouth

SOCIAL DEVELOPMENT

MILESTONE	EFFECTIVE PARENTING	INEFFECTIVE PARENTING
Smiles at self in mirror	Provide a mirror for gazing	No mirrors available
Imitates other's behavior	Model how to treat others gently	Scolding for hitting, slapping, pinching

EMOTIONAL DEVELOPMENT

MILESTONE	EFFECTIVE PARENTING	INEFFECTIVE PARENTING
Follows a routine	Time schedule is flexible, but predictable	Keep ridged schedule or no routines at all.
Soothes self when needed	Give opportunities for baby to fall asleep on his own.	Always rocks baby before being put to bed