- 1. List five goals you have achieved.
- 2. Check off the values involved in accomplishing each goal.
- 3. Add the total checked values. Place score in last column.
- 4. Circle the top five values with the most check marks.

GOALS ACHIEVED

VALUE DEFINITION V V V V V V V V V V V V V V V V V V V		T		GOALS ACTIL VED					
VALUE DEFINITION Accomplishment Knowing you've done well Altruism Helping others Commitment Feeling bound in mind or heart Creativity Developing new ideas or things Education Appreciating learning Faith Loyalty to one's beliefs Family Caring about close relatives Friendship Based on mutual respect Hard work Working hard, well and tirelessly Health Emotional/physical well-being. Integrity Behavior consistent with beliefs Justice Fair treatment for all Love Strong personal attachment Recognition			1.	2.	3.	4.	5.		
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Family Caring about close relatives Friendship Based on mutual respect Hard work Working hard, well and tirelessly Health Emotional/physical well-being. Integrity Behavior consistent with beliefs Justice Fair treatment for all Love Strong personal attachment Recognition Gaining respect and admiration	Education	Appreciating learning							
Friendship Based on mutual respect Hard work Working hard, well and tirelessly Health Emotional/physical well-being. Integrity Behavior consistent with beliefs Justice Fair treatment for all Love Strong personal attachment Recognition Gaining respect and admiration	Faith	Loyalty to one's beliefs							
Hard work Health Emotional/physical well-being. Integrity Behavior consistent with beliefs Justice Fair treatment for all Love Strong personal attachment Recognition Gaining respect and admiration	Family	Caring about close relatives							
Health Emotional/physical well-being. Integrity Behavior consistent with beliefs Justice Fair treatment for all Love Strong personal attachment Recognition Gaining respect and admiration	Friendship	Based on mutual respect							
Integrity Behavior consistent with beliefs Justice Fair treatment for all Love Strong personal attachment Recognition Gaining respect and admiration	Hard work	Working hard, well and tirelessly							
Justice Fair treatment for all Love Strong personal attachment Recognition Gaining respect and admiration	Health	Emotional/physical well-being.							
Love Strong personal attachment Recognition Gaining respect and admiration	Integrity	Behavior consistent with beliefs							
Recognition Gaining respect and admiration	Justice	Fair treatment for all							
	Love	Strong personal attachment							
Wealth Accumulating items of value	Recognition	Gaining respect and admiration							
	Wealth	Accumulating items of value							